

Ontological Coaching Workshop in the USA

April-May 2026

Following our very successful online *Ontological Coaching workshops* for the USA every year since 2021, we are delighted to announce the workshop is being offered again in May 2026.

This long-standing, globally acclaimed and ICF endorsed foundation workshop has been running since 1996 in Australia, New Zealand, South Africa, the USA, the UK, Asia (Hong Kong & Singapore) and Europe (Netherlands, Belgium and Switzerland). The Ontological Coaching Institute has been recognised by the International Coach Federation as a “Distinguished Coaching Education Provider”, one of the very few programs to have ever received such recognition out of over 3700 coaching training schools world-wide.

The workshop is facilitated by **Alan Sieler and Karen White**. Based in Australia, Alan’s four books on the ontological approach to coaching, leadership and business improvement (*Coaching to the Human Soul: Ontological Coaching and Deep Change*) have positioned him to be regarded as the world’s leading authority on Ontological Coaching. He collaborates with Karen, an ICF Master Certified Coach and experienced coach trainer, who lives in South Africa. Karen’s principal focus is on the comprehensive development of coaches and advancing coaching as a profession. Prior to her coaching career, she held key leadership roles, spanning strategic and operational business areas, in the corporate world for 20 years.

Alan and Karen have been co-facilitating with each other in-person and online in South Africa, the UK, Europe and the USA for 12 years. In their collaboration they elegantly dance conversationally with each other in the facilitation process.

Although Ontological Coaching has been around for more than thirty years, many have not heard of it, let alone experience its positive power for profound change. The workshop is highly practical with many opportunities for deep self-reflection and change, as well as the development of the basic skills of Ontological Coaching. When people experience this approach, they describe it as “the next big thing in coaching” because of its simultaneous depth and pragmatism.

“In my more than 26 years as a coach and more than 12 years as a Master Certified Coach, I have found that ontological coaching is one of the best methodologies to invoke transformation, innovation, joy, and possibility in people.”

Libby Robinson, Advanced Coaching Practicum, USA

“Was it worth it? There is no money in the world that could make me go back in time and undo the experience of this workshop! It was not just a learning experience but a very healing one too. Every minute, all content and every detail, wording and intonation all contributed to an experience that took learning to a deeper level than I ever experienced. As a clinical psychologist, Gestalt therapist, NLP trained and co-active coach (MCC) I’m not exactly new to the field of coaching and training. I can definitely advise anyone who wants to integrate earlier learning at a deeper level to join this workshop and potentially the longer program after that (as I did) to finally integrate all insights in their own personal way of being.

John van Roij, executive coach and organisational facilitator, Netherlands

Here are the workshop details

Time zone differences between North America and Australia and South Africa mean that:

- what is normally a three-day workshop will be run over six half days (four-hour sessions);
- Alan and Karen will lead different sessions, with Alan leading the afternoon sessions and Karen the morning sessions

The dates of each session are: **April 30, May 5, 6, 8, 11 and 12.**

Session time specifics for November are:

Sessions 1, 3 and 6 (Alan) – April 30, May 6 and 12

| Pacific | Mountain | Central | East Coast | Australia |
|---------|----------|---------|------------|----------------------------------|
| 1300 | 1400 | 1500 | 1600 | 0600 start May 1, 7 and 13 |

Sessions 3, 4 and 5 (Karen) – May 5, 8 and 11

| North America | | | | |
|---------------|----------|---------|------------|----------------------------------|
| Pacific | Mountain | Central | East Coast | South Africa |
| 0700 | 0800 | 0900 | 1000 | 1600 start May 5, 8 and 11 |

In May:

** Melbourne, Australia is 14-17 hours ahead of North American times

** Cape Town, South Africa is 6-9 hours of North American times

In summary, workshops sessions are:

- Session 1 – April 30 with Alan (afternoon)
- Session 2 – May 5 with Karen (morning)
- Session 3 – with Alan (afternoon)
- Session 4 – May 8 with Karen (morning)
- Session 5 – May 11 with Karen (morning)
- Session 6 – May 12 with Alan (afternoon)

The full workshop fee is USD1800, with the early bird fee being USD1500, payable by April 9, 2025.

Follow-up group and individual support will be available after the workshop as part of the workshop fee.

**** For registration and payment download the workshop brochure at
<https://www.ontologicalcoaching.com.au/coachingworkshop>