

**Based in North America and passionate to develop as an Ontological Coach?**

**This October 2025, we're offering our 18-month immersive program with you in mind.**

### **What makes this training program unique?**

Attend in-person conferences in Europe, seamlessly integrated with online sessions that maintain deep connection across continents. You'll learn alongside a diverse cohort of American and European coaches, creating a rich cross-cultural learning environment. This hybrid format doesn't just deliver world-class training – it embodies the very principles we teach about language, connection, and authentic presence, whether you're together in person or bridging distances online.

**Why does some coaching create lasting change while other coaching doesn't produce sustainable results?**

The difference isn't in the tools - it's the depth.

In times of complexity and uncertainty, coaching tools focused on skills and short-term behaviour change often fall short. What people truly seek is transformation that begins not with what we do, but with how we are. Ontological Coaching focuses on "Who will you BE differently?" not only "What will you do differently?".

Ontological Coaching goes beyond surface-level fixes. It's a profoundly human approach that focuses on our Way of Being—the dynamic interplay between language, emotions, and body that creates our reality.



## What makes this different?



### Language Shapes Reality

We don't just engage in language to describe our lives—we use it to create them. The way we talk to ourselves (our inner dialogue), and the way we speak to others shapes results.



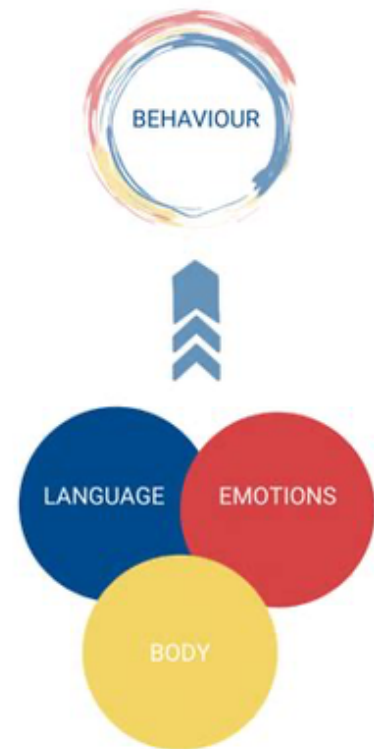
### Moods and Emotions: The Invisible Influencers

Understand how moods invisibly influence our worldview and create space for more empowering and enduring moods that open possibilities.



### The Body as an Avenue of Change

Discover how posture and embodiment unlock new ways of being



## Why this matters now?

In our world of burnout, uncertainty, and disconnection, ontological coaching is more relevant than ever. When we shift how we're fundamentally being, we unlock new ways of thinking, feeling, relating, and creating results that matter.

This isn't about "fixing" people - it's about honouring full humanity and guiding others to reconnect with their resourcefulness, resilience, and legitimacy.



"This coaching and leadership course has been profound and transformative for me, personally and professionally. It is a challenging task to put into words something that has been so transformative. I am a much more powerful observer in so many aspects of my life. As a husband and father, I have become a more compassionate and loving man and I am far less angry and judgmental. As a family physician with 20 years of experience, I have learned how to listen to my patients in a profoundly new way, to help them accept what is, and to reach for what could be, more effectively than ever before. I am extremely grateful for the experience and the possibilities this course has opened up for me and very excited about the different future I am creating"

**Jim Theis, MD**  
**New Orleans, USA**



"I thoroughly enjoyed this program. I truly think it is exceptional and probably the gold standard. This coaching program, by design, provides the most in depth look into a particular methodology that I have come across; you will not only learn what to do and how to do it on a practical basis, but why you are doing it. It is absolutely a learning by doing course. Ontological learning is at the origins of coaching as it is known today and this course investigates the study of ontological learning and change that has the potential to create powerful and lasting change for individuals and organizations. I encourage people considering coaching programs to evaluate the level of learning they are getting for their investment."

**Dana Papania**  
**Counsellor and Coach,**  
**Louisiana, USA**



## Ready for deep personal and professional transformation?

Our robust and progressive 18-month hybrid coach training program starts in Europe this October 2025. Attend 3 or 4 in person workshops in London and 5 or 6 online workshops.



Alan Sieler at [alan@ontologicalcoaching.com.au](mailto:alan@ontologicalcoaching.com.au)



Karen White at [karen@toci.co.za](mailto:karen@toci.co.za)



Learn more: <https://www.ontologicalcoaching.com.au>



**Ontological  
Coaching Institute**  
Observing differently