



An experiential
workshop on
a powerful new
approach to
coaching and
leadership

Ontological Coaching and Leadership *in Action*

UK 2026



INTRODUCING A UNIQUELY POWERFUL APPROACH TO LEARNING, LEADING AND COACHING

ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION

The Ontological Coaching Institute presents Ontological Coaching and Leadership in Action – a three-day workshop introducing a powerful new approach to personal and organisational coaching.

Join us for a profound learning experience that will allow you to:

- Engage with a powerful, highly effective approach to coaching and leading, capable of generating deep positive change
- Greatly increase your own ability and capacity for masterful living and action
- Lead authentically with greater influence and impact
- Develop more constructive and mutually fulfilling relationships in both your personal and professional life

Ontological Coaching is an extraordinarily powerful methodology for generating real change at the individual, team and organisational level. It is highly effective because it is based on a new practical understanding of the power of language, moods and conversations for sustainable behavioural and cultural change.

Ontological Coaching focuses on our **Way of Being**, which is a dynamic interrelationship between three areas of human existence – **language, emotions and body**.

Way of Being contains our often deep-seated perceptions and attitudes and is the underlying driver of our behaviour and communication. Ontological coaching has a holistic orientation that respectfully generates learning in all three areas of language, emotions and body as the catalyst for substantive and sustainable change.



WAY OF BEING

“Theory without practice is foolish, practice without theory is dangerous.”

Ancient Chinese Philosophy



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Content



WHO WILL BENEFIT FROM ATTENDING THIS WORKSHOP?

Ontological Coaching and Leadership in Action is highly applicable for:

- Existing and aspiring coaches
- Organisational consultants, leaders and managers
- Professionals operating in highly people focused environments
- Individuals interested in substantive personal development

Completing this three day workshop is a necessary pre-requisite for joining the 18 month Certified Ontological Coaching and Leadership Program.

ICF APPROVED COACH EDUCATION

This workshop is recognised by the ICF as 24 Continuing Coach Education Units (CCEU) in Core Coaching Competencies.

WORKSHOP CONTENT

The workshop is interactive and highly experiential and includes coaching practice.

At the end of the workshop, you will be able to:

- Understand the conceptual framework and principles of Ontological Coaching
- Understand how specific linguistic actions shape reality and how they can be used effectively in coaching to shift behaviour
- Apply a different and deeper approach to the role of listening in coaching
- Understand the pivotal role of moods and emotions in coaching for deep and sustainable change
- Recognise, work with and shift the ways moods and emotions impact on communication, behaviour and performance
- Observe and work with the interconnection between basic moods, body posture and language



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About

ABOUT THE ONTOLOGICAL COACHING INSTITUTE

The Ontological Coaching Institute (OCI) is an international educational, coaching and consulting company specialising in the development of coaches, leaders and managers.

As one of the most highly regarded coach training schools globally, the OCI specialises in a powerful and highly effective methodology called Ontological Coaching. Whilst there is substantial intellectual foundation to Ontological Coaching, the OCI's coach training programs are highly practical and 'hands on'.

Karen White

Karen is passionate developing coaching as a profession. She is the Director of Training for The Ontological Coaching Institute and co-leads the 18 month Certified Ontological Coaching and Leadership programme in South Africa, the USA and Europe. She is a Master Certified Coach (MCC), accredited through the International Coach Federation (ICF) and has been coaching executives and leaders for 15 years, following an extensive corporate career.

Jeremy Stunt

Jeremy works with senior business leaders on transformational change using ontological methodologies. His focus is helping people to be more resourceful and resilient in challenging personal and professional environments. He also has a strong interest in supporting others to work strategically and with greater personal authenticity.

Workshop Dates & Fees For 2026

WORKSHOP DATES	WORKSHOP TIMES	STANDARD FEE (excl. VAT)	EARLY BIRD FEE (excl. VAT)
3 - 5 June 2026	9.00am - 6.00pm	£1,350	£1,190 (pay by 3 May 2026)
7 - 9 October 2026	9.00am - 6.00pm	£1,350	£1,190 (pay by 6 September 2026)

REGISTRATION FORM: ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION WORKSHOP

PLEASE RETURN COMPLETED FORM TO: jeremy.stunt@limbicsolutions.co.uk
We will issue you with an invoice that you can pay online via PayPal or Credit Card.

WORKSHOP DATES FOR 2026 Please choose:

- ☐ 3 - 5 June 2026
☐ 7 - 9 October 2026

VENUE: To be announced

Name: _____

Address: _____

Town/City: _____

Postcode: _____

Home Phone: _____

Work Phone: _____

Mobile/Cell: _____

Fax: _____

Email: _____

FOR ENQUIRIES AND FURTHER INFORMATION:

Please contact:

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KAREN WHITE

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+27 83 455 4744

I wish to pay (please tick) All pricing excludes VAT

- ☐ **EARLY BIRD FEE: £1 190**
(payment to be received in full by specified date)
☐ **STANDARD FEE: £1,350**

I require an invoice for (please tick)

- ☐ **EARLY BIRD FEE**
☐ **STANDARD FEE**

Please provide invoicing details below:

Company Name: _____

Contact Person: _____

Address: _____

Email to: _____

REGISTRATION CANCELLATION POLICY:

- Full refund less 15% administration fee for cancellation 31 days or more before workshop date.
- 50% refund for cancellation 16-30 days before workshop.
- No refund for cancellation less than 15 days before workshop.
- Returning a completed registration form and payment of your course fees will be deemed an acceptance